

Joyce and Susan Transcript

Joyce:

Hello, I'm Joyce. I've travelled through from Glasgow today!

This is my first time volunteering for Chest Heart & Stroke Scotland.

It's a great idea, the abseil itself, and it's a great charity, so what's not to love?

I've enjoyed meeting a whole range of different people who are very excited, and some of them quite nervous about doing the abseil!

It's been great chatting to people, trying to put them at ease, having a bit of a laugh and a joke with them.

Susan:

Hi my name is Susan, I'm from Glasgow. This is my first time volunteering for Chest Heart & Stroke Scotland and it's something I really wish I got involved with sooner.

I wanted to volunteer today because I think that we all can contribute and save to

make our community stronger and society better,

and Chest Heart & Stroke Scotland is something that's touched all our lives.

Having fun volunteering today with one of my friends,
travel through on the train together, meet lots of new people,
and be part of the journey that people are taking today, getting excited!

Volunteer! Get involved. Whilst contributing, you're getting something back.

Joyce:

Don't think- just do it, because you'll thoroughly enjoy it!

Text:

New skills

New friends

New experiences

New possibilities

Volunteer

www.chss.org.uk/volunteer

[Logo]