

Caroline Video Transcript

[Volunteers Walk in]

Caroline:

My name's Caroline.

This is my second time fundraising, I did the Forth Road Bridge Abseil in 2011.

Someone in my family actually told me about it.

I'm feeling nervous but I'm excited to get going.

I decided to fundraise because- mainly cause of my grandad who died a number of years ago from a stroke but I think it's just a great charity in general.

[Caroline travelling in a car]

I'm really, really, really looking forward to it. It's much higher than I thought it was gonna be.

It was amazing. I was excited, then scared and then very relieved.

If you're thinking about taking part you should because it's fantastic and despite being scary, it's completely worth it.

I would definitely do it again, it's amazing.