

Aileen & Brian Volunteer Video

Aileen:

This is my second time volunteering for Chest Heart and Stroke Scotland. Personally I feel I like to give something back in life.

I've had a few family members with strokes and heart attacks and my partner also is very much involved with Chest Heart and Stroke so yeah we like to do it together.

Brian:

Firstly, my mum passed away when I was very young, of a stroke.

And secondly, I wanted to put something back into society.

It's good fun, I like meeting people.

We get on well and it's just good fun and you learn things, I've learned quite a lot since I started volunteering.

Aileen:

It's so much fun to do and you meet so many nice people.

You hear about other people's lives, experiences and why they want to help the charity and you raise a lot of money to promote the charity and to make it go forward and you know you're helping somebody so there's a lot of satisfaction from that alone.

Brian:

People should volunteer for Chest Heart and Stroke Scotland because they are a very, very well organised charity. Good fun to work for. And give you lots of learning experiences.

Aileen:

People should all go forward and volunteer for Chest Heart and Stroke Scotland because it's a fantastic and amazing thing to do to help others.