



**Cardiac Rehabilitation Interest Group Scotland
(CRIGS) Conference Programme**

Friday 13th November 2015

Beardmore Hotel & Conference Centre, Clydebank, G81 4SA

09.00 – 09.30 Registration and Coffee/Tea on Arrival

09.30 – 09.40 **Welcome and Introduction** - Frances Divers, CRIGS Chair

09.40 – 10.00 **Scottish Cardiac Rehabilitation Update**

Frances Divers, Cardiology Nurse Consultant, NHS Lothian

10.00 – 10.30 **Heart Disease in People with Diabetes - How Does it Differ?**

Professor Miles Fisher, Glasgow Royal Infirmary

10.30 – 11.00 **Multi-Morbidity Project**

Janet McKay, Clinical Co-ordinator MCN, NHS Ayrshire and Arran

11.00 – 11.30 Coffee/Tea & Refreshments

11.30 – 12.00 **Cardiac Devices - How can they help the rehab services?**

Jill Morrison, Chief Cardiac Physiologist, NHS Lothian

12.00 – 12.15 **Patient Experience – Life after an Out of Hospital Cardiac Arrest**

Jeremy Southam, Patient Representative Chest Heart & Stroke Scotland

12.15 – 12.45 **CSO Study – Predictors of Attendance at Cardiac Rehabilitation**

Karen Smith, Cardiology Nurse Consultant, NHS Tayside

12.45 – 12.55 **CRIGS General Meeting (to adopt updated Constitution)**

12.55 – 13.05 **CRIGS AGM**

13.05 – 14.00 Lunch & Exhibition Stands

14.00 – 14.30 **Psychology – Tools and Training**

Dr Naomi White, Clinical Psychologist, NHS Greater Glasgow & Clyde

14.30 – 14.45 **Lorn Healthy Options**

Matthew Bailey

14.45 – 15.00 **Fife Sports & Leisure**

Fiona Prendergast

15.00 – 15.15 **Educational Needs of a Congenital Heart Patient**

Elaine Muirhead, Adult Congenital Heart Disease Nurse Practitioner, NHS Greater Glasgow & Clyde

15.15 **Closing remarks & Conference Close**

Frances Divers, CRIGS Chair

Supported by Chest Heart & Stroke Scotland