

Scottish Non-malignant Palliative Care Forum
SNMPCF
Strategy

This is the first strategic document of the Scottish Non-Malignant Palliative Care Forum (SNMPCF) which was established in 2011. This document represents our strategic focus and work plan for 2014-2017.

Non-Malignant Palliative Care

The Better Health, Better Care Action Plan (2007) set out a new vision for the NHS in Scotland. This was followed by 2020 Vision in 2011 which describes the strategic vision for achieving sustainable quality in the delivery of healthcare services. These documents reflect a new ethos for health in Scotland that sees the Scottish people at its very core. Such an approach builds on the fundamental principles of equal access to services based on the basis of need and care.

More recently a report by Marie Curie Cancer Care and The Scottish Partnership for Palliative Care (SPPC) published “Are we living and dying well yet? (2014). This clearly demonstrated a level of concern regarding end of life care as the demand is set to increase significantly in the coming years.

Palliative care involves the treatment of patients with advanced, progressive, life-threatening disease for whom the focus of care is maximising their quality of life through expert symptom management and psychological, social and spiritual support as part of a multi professional team.

Historically the provision of specialist services for palliative and end of life care in Scotland is known to be directed mainly to people with cancer. Current advances in knowledge and understanding now mean that this expertise can be adapted and shared with people living with and dying from a range of other conditions. Living and Dying Well a national action plan for palliative and end of life care in Scotland (2008) promotes the provision of palliative care being needs based, not diagnosis.

Most of the research evidence is from patients with cancer, moreover, specialists in palliative care often know much more about oncology than about non-malignant diseases. However, with continued collaboration with other specialists and a commitment to ongoing research, this should not in itself be a

barrier to ensuring good palliative and end of life care for every patient and family who needs it.

Our Vision

To facilitate the sharing of best practice, innovation and support the learning and development of those who provide direct or indirect palliative support for patients with non malignant diagnosis. However, given the scope of this vision the SNMPCF will initially focus on those living with respiratory, cardiac or stroke related conditions.

Strategy for Scottish Non-Malignant Palliative Care Forum

The strategy will be achieved through a work plan of actions and outcome measures. There is a focus on promoting awareness of the forum and appreciation for the need to provide palliative care for those with respiratory, cardiac and stroke conditions with in Scotland.

Strategic Aims

1. Promote awareness of non-malignant palliate care and ensure the relevance of our work
2. Provide a framework to prioritise activity and resource use
3. Support the national strategy for improving care for people who have a palliative life limiting condition and promote good practice in person centred care for those who are deteriorating and at risk of dying.

WORK PLAN 2014-2017

Action 1

Ensure the relevance of our work

1. Clarify expectations of those attending the NMPCF group by developing a Constitution
2. Formalise chair, vice chair, secretary and treasurer positions
3. Promote national representation with a multidisciplinary focus
 - Encourage representation from each NHS Board
 - Encourage representation from each AHP discipline
4. Develop a strategy with specific actions and measurable outcomes to provide a framework to prioritise activity and resource use
5. Seek funding to support the NMPCF strategy
6. Identify and confirm affiliated/advisory bodies

NPSRCS Leads

Di Rennie

Timescale

Action 2

To support the SPPC vision of co-production by drawing on the knowledge, ability and resources of the group to support the provision of high quality palliative and end of life care for all.

1. Develop survey;
 - To provide an opportunity to discuss key topics with our target population
 - Gain a “snapshot” of insight into the use of ACP
 - Prioritise actions based on objective data
2. Liaise with current research being conducted by Dr Kristy Boyd and Dr Scott Murray
3. Link with other areas of work
 - Identifying the deteriorating patient – standardise early warning system
4. Explore good examples of good practice and sources
 - IRISS
 - JIT work (Tayside)
 - Key Information Summary (KIS)
 - Law Society
 - Scottish Government power of attorney work
5. Explore good examples of good practice and sources
 - Investigate if other groups are currently involved in non malignant palliative care work to help determine the needs, barriers and access for people seeking this support
 - Examine methods to promote public awareness of non malignant palliative care needs

NPSRCS

Timescale

Action 3

Raise the profile of non-malignant palliative care and empower health and social care professionals to feel able to engage and initiate end of life care planning discussions

1. Identify and support the spread of good practice and innovation;

- Develop poster for display at conferences
- Produce an introductory article describing the focus of the group to disseminate to target population
- Quarterly emails to be generated with updates and relevant resources to members of the group
- Development of a newsletter to maintain focus and update members

NPSRCS Lead

Timescale

REFERENCES and RESOURCES

Are We Living and Dying Well Yet? A report by Marie Curie Cancer Care, Scottish Partnership for Palliative Care (SPPC) (May 2014)

End of Life Care for All

<http://www.e-lfh.org.uk/projects/end-of-life-care/>

Good Life, Good Death, Good Grief

<http://www.goodlifedeathgrief.org.uk/>

NHS Palliative Care Guidelines

<http://www.palliativecareguidelines.scot.nhs.uk/>

NHS Education Scotland

<http://www.palliativecareinpractice.nes.scot.nhs.uk/>

Scottish Partnership for Palliative Care

<http://www.palliativecarescotland.org.uk/>

The Key Information Summary

<http://www.nisg.scot.nhs.uk/why-nisg/our-services/project-management/key-information-summary-kis>

The Scottish Grief and Bereavement Hub

<http://www.griefhub.org.uk/>

The Scottish Government, Better health Better Care: Action Plan, Edinburgh 2007

<http://www.scotland.gov.uk/publications/2007/12/11103453/0>

The Supportive and Palliative Care Indicators Tool (SPICT)

<http://www.spict.org.uk/>

The Supportive and Palliative Care Action Register

<http://www.palliativecareggc.org.uk/index.php?action=cms.spar>

The Scottish Government, 2020 vision, Edinburgh

<http://www.scotland.gov.uk>