



Stroke and TIA Assessment Training (STAT) Summary of Activity (2013)

The national STAT project commenced on the 1st of January 2013 and will complete on the 31st of December 2015. The project has been funded by the National Advisory Committee for Stroke and is led by Chest Heart & Stroke Scotland (CHSS). The aim of the project is to support NHS Boards throughout Scotland, who wish to engage, incorporate STAT into their stroke education pathway. This report offers a short summary of the project activity for year 1.

The project has 2 main phases; to offer and facilitate Train the Trainers study days and then to support the Trainers to commence STAT in their NHS Board areas. CHSS have been allocated funding of 9.5 hours a week of the Head of Education Programmes time and 9.5 hours a week of an administrators time to allow STAT organisation and facilitation. All STAT activity is taken forward with the agreement and support of the local stroke MCN.

Train the Trainers Sessions

STAT Train the Trainers sessions require to be facilitated by the STAT team who travel from Northumbria, STAT has been developed by them and is copyrighted. The project has therefore been limited, to a certain degree; by the number of Train the Trainers study days that they can support in Scotland. In 2013 they had agreed to 2 study days. Due to the nature of STAT, which uses clinical simulation and clinical decision making, it runs most effectively with numbers of participants around 8-10. As there has been a great deal of interest around STAT in Scotland the STAT team agreed to increased numbers of up to 12. Therefore a study day was offered in April in the University of West of Scotland campus and had 12 participants. The second study day was in the Golden Jubilee Hospital and had 12 participants.

STAT Trainers Trained in 2013 in Scotland (Year 1)

NHS Board	Number of STAT Trainers
Ayrshire & Arran (A&A)	8
Greater Glasgow & Clyde (G&C)	7
Borders	5
Fife	3
Lanarkshire	1*

*NHS Lanarkshire offer STAT and have an established pool of Trainers

STAT Trainers per Profession (Year 1)

STAT Trainer by Profession	Number
Senior Stroke Nurses	13
Stroke Consultant	6
Consultant Neurologist	2
ED Consultant	1
Stroke Education Facilitator	1
Stroke Nurse (Staff Nurse SU)	1

STAT Activity per NHS Board

When an NHS Board has a pool of STAT Trainers they can commence offering STAT study days to nursing staff or alternatively MedSTAT to medical staff. Each NHS Board is free to target the groups they feel are most appropriate within their area. STAT has been primarily developed to support the learning of nurses working in acute medical areas, acute stroke units or emergency departments, however para-medical staff engage well.

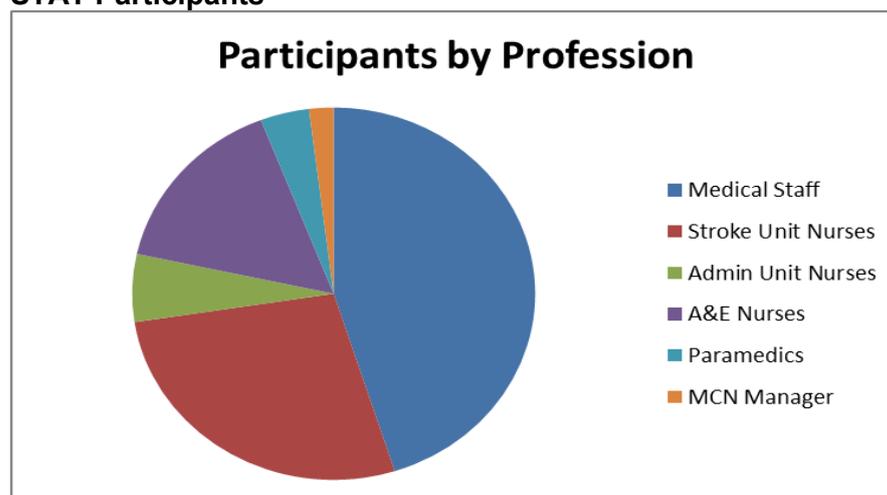
The Head of Education Programmes at CHSS will organise and support facilitation of STAT days within each NHS Board until the Trainers feel confident to facilitate the study days. The administration for STAT will continue to be supported by CHSS for the duration of the project.

STAT Study Days offered in 2013 per NHS Board

NHS Board	STAT	MedSTAT
A&A	3	4
GG&C	*	
Fife	1	
Borders	1	

* 6 days planned for 2014

STAT Participants



n= 52 *Medical Staff ranged from Consultant to ST4-6*

Evaluation by Participants

All participants that have attended either STAT Train the Trainer study day or a STAT day have given very positive feedback. They have found the training informative, interesting and interactive. The only negative feedback was from the Train the Trainers study days and was around the challenges that would be faced managing staff accessing time off to attend/management support for this. A collated evaluation has been completed from each study day and has been sent to the senior stroke staff who have facilitated the study day for them to disseminate as appropriate.

Budget year 1

STAT Project

Income (grant) £30,000

	Staff Costs	Direct Costs	Mgt Charge	Total
	£	£	£	£
Expenditure 1 January - 31 March 2013	6,153	376	653	7,182
Expenditure 1 April - 31 December 2013	15,414	3,655	1,907	20,976
Total	21,567	4,031	2,560	28,158

Activity for 2014

Fife, Borders A&A and GG&C now have a pool of STAT Trainers and will continue to offer STAT days throughout 2014, all have venues and dates booked. There will be 3 further Train the Trainers study days offered in 2014;

- February which has places booked by GG&C, Forth Valley and Lothian.
- March which has places booked by Forth Valley and Tayside.
- September, places will be allocated to Highland and the Island NHS Boards in the first instance.

Challenges from Year 1

Generally the activity throughout year 1 was very positive. Activity levels were more intensive than originally perceived around this project. This was however a positive driver and it was encouraging to see that Stroke MCNs who initially had reservations, contacted the Head of Education programmes directly to ensure their involvement. Challenges presented in some areas around acquiring use of the clinical skills facilities but this was rectified once communication with the appropriate lead personnel was commenced. There will continue to be issues around releasing staff to attend STAT study days, particularly throughout the winter months. This is however an issue which requires to be addressed at a local level.

For further information around the STAT National Project contact:
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