



NHS Grampian Stroke Public Involvement Success Story How they got there

The NHS service improvement issue:

- A woman was discharged from NHS Grampian to the care of a local private nursing home. She was recovering from a stroke and living with aphasia.
- The staff kept dressing her in someone else's' clothes. This was because they did not understand how to communicate with her to find out which were her own clothes to put on her.
- Care home staff looking after people living with the effects of a stroke should have proper training in caring for the complex needs of stroke patients.

Steps that were taken to take this issue forward

- This was brought to the attention of the Stroke MCN Patient and Carer Subgroup by the woman herself as she was the representative for care homes in the region on the subgroup.

Was there any resistance from any professionals to the suggestion?

- None

What was the final outcome?

- Flyers were then distributed round the care homes in the NHS board's area inviting them to ask for a CHSS information pack on stroke. They are also invited to have free training from the Stroke MCN on caring for a stroke patient.